



# Test at home for Covid-19

1 in every 3 people who have the Coronavirus do not have symptoms, but can still spread the virus without knowing it.

People in Manchester can now get rapid (very quick) tests 2 times a week, which will help stop the spread of the virus.



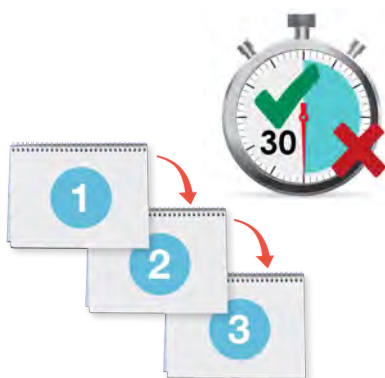
## You should still get tested even if you have been given the vaccine

You can test yourself at home using what is called a Lateral Flow Device. With this you rub a long cotton bud called a swab on the back of your mouth and inside your nose.



You might want someone to help you do it.

You do not need to send it off anywhere – you get your test results in less than 30 minutes.



There are step-by-step instructions with the tests, or there is a video you can watch at:

[www.gov.uk/guidance/covid-19-self-test-help](https://www.gov.uk/guidance/covid-19-self-test-help)

**You can get a test kit with 7 tests in it from**



## **Local Testing Sites**

**(only go to collect kits from 1:30pm to 7pm)**

- Armitage / Moseley Road Lower Carpark, Fallowfield
- Ancoats Central Retail Park, Ancoats and Beswick
- Belle Vue Speedway, Longsight
- Brownley Road, Woodhouse Park
- Birchall Way (former Land Rover garage), Hulme
- Denmark Road Building, Rusholme
- Platt Fields Park, Fallowfield
- Ukrainian Cultural Centre, Cheetham



## **Libraries**

- Gorton
- Longsight
- Didsbury
- Chorlton
- Forum
- Withington
- North City
- Avenue (Blackley)
- Newton Heath
- Beswick



## **Local Pharmacies**

Some pharmacies



## **Phone or Online**

- Ring 119
- <https://maps.test-and-trace.nhs.uk>

## Other ways to have a test



### Local Testing Sites

If you do not want to do the test yourself, you can book a visit to a local testing centre.

### At work or school



If you are in work, your employer may do testing.

If you are at school, or college or nursery, you may be able to get tested or get a test kit from them.



### If you test positive

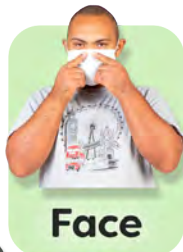
If your test result is positive, this means you may have got Coronavirus – everyone in your household must self-isolate right away.



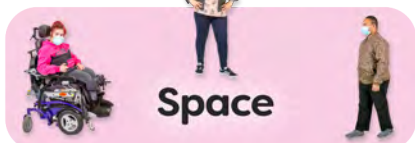
To check the result is right, you should get a different sort of test called a PCR test done.



**Hands**



**Face**



**Space**

**Stay safe**  
**wash your hands**  
**cover your face**  
**keep social distance**